

LEANBH

COURSE OUTLINE

Day 1

Module 1

Where are we and how did we get here?

Introductions, Unconscious Bias, Stigma around autism:
3Bs – Bias, Blame, Behaviour

Module 2

The effects of stigma on assumptions:
'Autism' vs. 'Autistic'

Module 3

Autistic childhood:
experiences, feelings and “behaviours”

Home 1

Research: emotion and senses, reading list

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COURSE OUTLINE

Day 2

Module 4

Module 5

Module 6

Module 7

Home 2

Autistic experiences & appearances

Sensory Processing: our senses, sensory variation, the utility of sensory variance

Emotion and cognition: bridging senses and response, meltdowns, emotional balance

Expression: 'behaviour', stimming: the human regulation toolkit

Clinical presentation: how it looks, how it feels

Research: videos & publications - 'symptoms'

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Day 3

Module 8

Module 9

Module 10

Home 3

Experiences of harm & methods of survival

Social Skills:

Play, learning, development and socialisation

What are “symptoms of autism”?

Autistic trauma and anxiety as a human experience:
consequences and remedies

Research: videos & publications

Questions? Email us at hello@ausometraining.com

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Day 4

Module 11

Module 12

Module 13

Module 14

Home 4

From root causes to enduring solutions

Analysing forms of trauma and their causes - DEP

Recognising signs of trauma: Analysis tools, Framework document, case study

Trauma Analysis Exercise

Trauma Analysis Exercise

Research: assessment case study, reading list

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COURSE OUTLINE

Day 5

Module 15

Module 16

Module 17

Module 18

Home 5

Assessment*

Case Study Analysis - Group Presentation Preparation

Group Presentations 1, 2, 3, discussion

Group Presentations 4, 5, 6, discussion

**Feedback and discussion, knowledge assessment
questionnaire**

Post-session Assessment

**Accommodations available tailored to your individual needs*

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