



Welcome to Cothú

Below is a step by step guide to the steps involved in becoming a licensed CothúTrainer.

Group Booking

- Invoice/Quote from AUsome Training to you
- AUsome Training complete Vendor Setup Form
- Confirm dates for 2 or 3 training sessions
- Confirm date/times for mentoring session
- Send list of trainer names and email addresses to us

Individual Booking

- Sign up through website
Or pay by invoice

Contract

You sign the licence agreement with all trainers named on it and return it to us via email

Access to your dashboard

Once contracts are signed you receive access to Cothú Licensed Materials

Induction

All trainers will be given access to the Induction Material 3 weeks before the course starts. This is a self-led part of the course where trainers will watch the video modules, complete an assessment and read optional recommended reading material.

- This is in the induction section on your course dashboard.
- Assessment must be completed 7 days prior to course start date

Course Materials- Trainer Toolkit

Once the assignment has been uploaded and approved you will then have access to the licensed course materials.

This will give trainers time to review the Cothú Parents Course content before live training commences.

Course Delivery

The course is delivered in person (for large groups) or online for individual clients or small groups

Review

- Trainers are asked to submit their feedback to AUsome Training via survey once the course is completed. The link to this survey is in your dashboard.
- Trainers then have 2 weeks to familiarise themselves with the course

Mentoring

After having 2 weeks to familiarise yourself with the course materials and prior to delivering Cothú for the first time the trainers will have a group mentoring session with AUsome Training.

This is a 2 hour session delivered online over zoom. It is an opportunity for further questions, troubleshooting and discussion on how you will deliver the course.

Licence Cert

After you have completed the mentoring session you will receive your Certificate as a Licensed Cothú Trainer.

Delivering Your First Cothú

Trainers will inform AUsome Training via email at least a week in advance of starting week 1 of their first course. You will then be sent a link to book in for your Fidelity Check which should take place 1-2 weeks after you have delivered week 5 to parents.

Feedback

Trainers email AUsome Training parents feedback forms immediately after 5 week parent course completion every time the course is run. Feedback should be sent in advance of fidelity check.

Fidelity Checks

Unlike the course group sessions Fidelity Checks will take place between AUsome Training and individual trainers or small teams of trainers if you are delivering it in pairs or part of a small team. Fidelity Check Sessions are 90 mins and an opportunity for trainers



to share feedback and insights and to receive any relevant coaching from AUsome Training.

Focus Group

In an effort to gather feedback from parents AUsome Training would like the opportunity to run short focus groups with parents who have completed Cothú Course with you. We would need your help with this as it would mean you asking parents if they'd be interested in taking part and then sending email addresses of any interested parents to AUsome Training, with consent from parents of course.

We would like to run focus group for approx 2-3 hours 6 months after parents have completed Cothú.

Renewal of Licence

Your licensing period is for 2 years. We will contact you in 2 years' time so that you can renew your licence.