

AUTISM and THERAPIES

Tuesday 13 July
19:00 - 21:00

with

Stiof MacAmhalghaidh

AUsome Training



infinite diversity



the course schedule

Me talking about me

What is therapy, about 'autism' + Q&A

Breaktime!

Therapies and scams

About 'behaviour' and trauma

Final Q&A



about AUsome Training

Autistic-led

Pro-Autistic and Pro-Neurodiversity

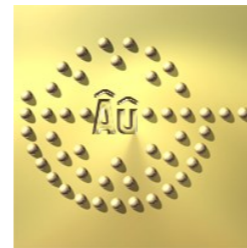
Dedicated to changing lives

Challenging assumptions

Challenging the negative deficits narrative



a bit about me...



Autistic Union



Autscape



Fundacja Prodeste



Infinite Diversity



Ausome Training

what is a therapy?

A standard definition...

“the attempted remediation of a health problem”

A scale of focus...

care – therapy - intervention

often multi-session, multiple elements

has a clear goal founded in restoring health



the goal of therapy

Health and wellbeing

Selected method(s) based on need

Clear measures of success



an ideal therapy

informed consent

oversight and accountability

recipient-defined goals

process and measures of success

ongoing documentation and review

recipient controls decisions



what is 'autism'

Why the quote marks?

Autistic human, autism diagnosis

Humans doing their best with the tools
they have available in the moment



is there 'autism therapy'?

No. Seriously. Not kidding.

There is therapy that Autistics may need

Because Autistics are human

That's it.



Autistics using therapy

What we'll discuss after the break

OT, SLT, PT, CBT

Behaviourism, ABA and trauma



your
Questions
so far...



Breaktime!



Autistics using therapy

When an Autistic may need therapy

OT, SLT, PT

CBT and talk therapy

Immersion and trans-cranial stimulation



Autistics using therapy

Behaviourism

Radical behaviourism and ABA

ABA and trauma



therapy scams

Diets and supplements

Essential oils and baths

HBOT, chelation, stem cells and GcMAF

CD aka 'Miracle Mineral Solution'



back to basics

What does the person need?

What is the therapy for?

Consent, disclosure, oversight

Red flags to watch for



your Questions



Thanks for listening!

autism
and
therapies

with
Stiof MacAmhalghaidh

